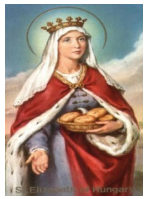




# Eighteenth Sunday in Ordinary Time—August 5, 2018



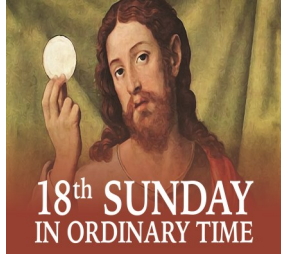
SAINT MARY’S & SAINT ELIZABETH’S CATHOLIC CHURCHES

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VICTOR DVORAK –DEACON

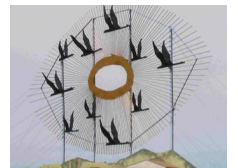


**“Do not work for food that perishes, but for food that endures for eternal life.”**

We can work hard for material success. But, our readings today tell us that there is something beyond food and success that is worth striving for. The Scriptures are trying to tell us that we must make the pursuit of God the most important pursuit in life. It can be frightening to surrender particular values and habits that we have grown accustomed to, but the bread that God gives, the Bread of Life (the Holy Eucharist) is better than anything we could ever possess. More importantly, this bread offers something earthly goods cannot . . . eternal life in heaven.

## A pilgrimage of faith

A reminder to our youth, **grades 1-6**, that we will be making a one-day pilgrimage up the Enchanted Highway to Assumption Abbey on Friday, August 10<sup>th</sup>. Due to some sports conflicts that same morning, we will have to leave a little later that day, after a 9:00 a.m. Mass at Saint Mary’s.



Remember to bring a sack lunch that day and we will have lunch together on the beautiful grounds of the Assumption Abbey. Later that day on the way home, we will stop by the Dairy Queen for ice cream, or if you so wish, we can have some liver sausage instead. It’s your call. A reminder to the parents to please fill out the required parental release forms for this event. Please contact Kris Ehlis at 701- 290-0720 for these forms or if you have any further questions.

I really look forward to our pilgrimage and while the kids have their lunch, maybe I’ll make my way to the Assumption Abbey Wine Shop, to get some more “altar wine” for the parish. Always thinking of the parishes’ needs . . . totally selfless in my thinking. [Note to self: I hope they have Merlot in stock].

## Humanae Vitae . . . a respect for the well-being of women

When Blessed Pope Paul VI reaffirmed the Church’s teachings against artificial means of contraception fifty years ago in his papal encyclical, *Humanae Vitae* (Of Human Life), he was mocked within and outside of the Church for being against progress, science, and medicine. But, ongoing medical research has proven that he was right. The pill does great harm to women on all levels, including their physical well-being. Consider the following:

- 1) Depression: A study published in 2016 found a seventy percent increased risk of depression in women who used oral contraceptives (OCs). Researchers in Denmark following nearly a half million young women over eight years found that OC users were approximately two to three times more likely to attempt or commit suicide. The risk was even higher with other hormonal contraceptives such as the patch and the ring.
- 2) Blood clots and strokes: Since they first came on the market, OCs have been shown to cause blood clots. These clots can block leg veins with a venous thrombosis (VT) and travel to the lungs to cause life-threatening pulmonary emboli. A 2014 medical review found that the risk of VT for women on OCs is 3.5 times the risk of non-users. Another very large study, published in 2012, found an eightfold increased risk for women with the contraceptive patch and a 6.5 times increased risk with the vaginal ring.
- 3) Cancer: The World Health Organization declared OCs Group I carcinogens in 2005 after the International Agency for Research found an increased risk of breast cancer, liver cancer, and cervical cancer in users of OCs. Current users of OCs have a 24 percent increased risk of breast cancer, and a 16 percent increased risk remains in the first five years of stopping them; the higher risk is among African-American women. A 2009 study further found that women on OCs are at four times greater risk of triple negative breast cancer, a particularly difficult cancer to treat.

With all of these tragic side-effects of OCs, maybe it’s time for married couples to revisit the beauty, wisdom, and safety of Natural Family Planning. Contrary to the conventional wisdom of his day, Blessed Paul VI was very astute and spot-on. Sadly, how many lives were adversely affected because no one heeded his wisdom and pastoral concern?

## MASS & ADORATION SCHEDULE

**Monday, August 6**

**7:30 AM SM—Communion Service**

**Tuesday, August 7**

**7:30 AM SM— Living & Deceased Members of the Weir Family  
by a Friend**

**6:00 PM SE Adoration of the Blessed Sacrament**

**7:00 PM SE—SE +Keith Herold by Deran & Tina Lefor**

**Wednesday, August 8**

**7:00 PM SM-Joan Madler & Family by Mike Madler**

**Thursday, August 9**

**7:30 AM SM— +Ruben Mellmer by Ruth Fitterer**

**Friday, August 10 NOTE TIME CHANGE FOR MASS**

**9:00 AM SM— Living & Deceased Members of the +John &  
+Antonia Brusich Family by the Family**

**12-3:00 PM—Adoration of the Blessed Sacrament**

**Saturday, August 12**

**8:30 AM SM—+John Sticka by Josie Heidt**

**5:00 PM SM—+Eugenia Stagl by Richard Stagl**

**Sunday, August 13**

**8:30AM SE—+Keith Herold by Lisa & Allen Fichter Family**

**10:30AM SM—Pro Populo**

*Please Keep in Your Prayers:*

Chuck Brusich, Stephanie Geerts, Nate Hernandez, Andy Prokop, Henley Johnson, Duane Grundhauser, Pete Schaefer, Alice Candrian, Marilyn Jacobs, Leo Heck, Ross Thomas, Arlene Rohr, Brenda Barton, Elven Kaufman, Suzette Printz, Linda Reisenauer, Rose Krebs (SE), Russ Lefor, Lori Lefor, Herbert Emmil, Reggie Gentz, Cindy Martin, Tim Theil, Howard Schiwal, Theresa Decker, Alyssa Binstock, Yvonne Fettig, Dale Reindel, Kim Kuhn, Don Miller, Bonnie (Krebs) Dick, Dorothy Kohl, Colleen Churchill, Thresiamma (Fr. Biju's mom)

**Assisted Living and Nursing Home Residents:** Aggie Wandler, Ken Stagl, Charlotte Krebs, Harvey Herberholz, Archie Jalbert, Benny Benz, Joan Binstock, Joe Wandler, Sylvia Koppinger, Leona Gordon, Joan Madler, Cecelia Jung, Donnella Koppinger, Marilyn Jeske, Willie Emmil, Frances Heick, Dale Schroeder

**Our Deceased Loved Ones** +Darwin Schaefer, +James Gatzke, +Ed Koppinger, +Eleanor Keck, +Ardelle Kovar, +Eugenia Stagl, +Nick Lenhardt, +Mike Urlacher, +Keith Herold, +Carla Rohan, +Alvin Rotering, +Jeanne Kovar, +Bridget Urlacher, +Laura Grundhauser, +Florian Urlacher, +Paul Schiwal, +LeRoy Jacobs, +Victor Roller, +John Herold, +Viola Martin

### A Point to Ponder

*Falling down does not make you a failure  
but staying down does.*

### FT Development Director

St. Paul's Catholic Newman Center (on the NDSU campus) in Fargo, ND is accepting applications for a FT Development Director. This position requires previous experience in fund development and the ability to work in an extremely fast, results driven environment. Extensive knowledge and experience with major and planned giving experience is a must. Ideal candidate should be familiar with Raiser's Edge NXT software. Please [click on this link](#) to apply through our talent partner, Sagency. Apply immediately, position open until filled. Salary and benefits commensurate with experience. <https://sagencytalent.com/opportunities/#/jobs/55>

### Announcements

SE August church and bathroom cleaning schedule:  
Cindy Schneider, Elvera Reindel, and Cindy Martin.

#### St. Mary's Liturgical Assignments August 11 & 12, 2018

MINISTRY	Saturday 5PM	Sunday 10:30AM
Lector	Lori Fitterer	David Hernandez
Mass Servers	Maddie R./Molly R.	Matthew B./Brock E.
Eucharistic Ministers	Bonnie J./Richard W.	Kent M./Martina S.
Gifts	Richard Wandler	Ruth Fitterer
Rosary Leader	Maureen Gardner	Susan Schmitt
Greeters	Leonard & Kathy G.	Helen Koppinger
Homebound Minister	Martina Stagl	Martina Stagl

#### Collection Report St. Mary's July 28 & 29, 2018

Adult		Youth
\$ 2366.00	Envelopes	\$ 40.00
\$ 222.00	Loose Plate	\$
\$ 2628.00	Total	\$
\$ 8550.77	Monthly Total	\$

#### St. Elizabeth's Liturgical Assignments August 5, 2018

Lector	
Mass Servers	
Eucharistic Ministers	
Gifts	
Greeters	
Ushers	

#### Collection Report St. Elizabeth's July 29, 2018

Adult		Youth
\$ 925.00	Envelopes	\$ 8.00
\$ 86.00	Loose Plate	\$
\$ 1029.00	Total	\$
\$ 3618.30	Monthly Total	\$

## **Difficult Moral Issues, “*Is pornography really that big a deal?*”**

Although both men and women take pleasure in pornography, its use (and abuse) is a greater problem among men. When you speak of the moral evils of pornography, most men shrug it off, “Aren’t you making a big deal out of nothing? What’s wrong with enjoying the beauty of the other sex?” Such men assume that pornography is just a harmless pleasure, but over the course of time, its effects can be devastating.

First, pornography robs a man of his capacity to be a man. The essence of manhood consists in a readiness to deny oneself for the good of a beloved. That is why Saint Paul reminded husbands in his Letter to the Ephesians that their love must be like that of Christ, who allowed Himself to be crucified for His beloved, the Church (Ephesians 5:21-33). Pornography defeats this calling. Instead of denying himself for the good of the woman, a man, through the use of porn, denies the woman her dignity in order to satisfy his lust. In essence, pornography is a rejection of our calling to love as God loves. It is no wonder that those who use porn are never satisfied. Only selfless, not self-seeking, love truly satisfies. Pornography thus cripples a man’s ability to love. It offers a “fantasy world” and allows a man to evade from the demands of true love. It turns men into mere boys, for a man who lacks self-control and treats women as objects for pleasure is not living authentic manhood. Men protect and love women; they don’t mistreat and degrade them.

Second, men who use pornography often do harm to women. Since pornography trains men to think of women as objects to be used instead of persons to be loved, they presume women “enjoy” being used. This has led to the great increase in rape in recent decades. A study in Phoenix, Arizona showed that in neighborhoods with multiple porn shops, there were five hundred percent more sex offenses than in neighborhoods without them. Ted Bundy, before he was sentenced to death for raping and killing dozens of women, talked openly about his porn addiction and how it was the root of his heinous crimes. No one can tell the husbands and fathers of these violated and deceased women that pornography is harmless. If there is a “War on Women” in our day (as the political pundits speak of incessantly), it is the porn industry’s degradation of the dignity of women. These “pleasures of the mind” quickly lead to seeking “pleasures of the body” and more and more women are the tragic victims.

Lastly, pornography destroys marriages. A man who uses pornography in marriage attacks the self-image and self-worth of his wife. Most men are not married to the super-models of porn magazines; most wives are usually just your typical average people (married to typical average husbands, we might add). But, men who use porn often wish their wives could be more like the women they have come to fantasize. They compare their wives to them, they critique them, and they even come to blame them. If they were just more like the porn stars they have come to adore, then they would be more intimate with their wives. What imbeciles! They have reduced their wives to mere objects and have ignored their value as persons. When this happens, true love and intimacy is impossible and the marriage falls apart. If a husband needs to pretend that his wife is someone else in order for him to be excited, then he will be less and less drawn to her. Instead of making love to her, he is destroying love between them.

Because the effects of pornography are so severe, Christian men have an obligation to root it out. When men act in a way that is contrary to the dignity of women, they act in a way that is contrary to the dignity and vocation of men. May God raise up in the Church real men, who “Shun youthful passions and aim at righteousness, calling upon the Lord from a pure heart” (II Timothy 2:22).

### **On the lighter side, *Sleep***

Bill: “How late do you usually sleep on Sunday morning?”

John: “It all depends.”

Bill: “Depends on what?”

John: “The length of the priest’s homily.”